



FYFC Important Rules Summary Sheet

- Our Midget fields are 80 yards and there are 18 plays per quarter.
- Our Peewee fields are 60 yards and there are 16 plays per quarter.
- A-Gap blitzes **MUST** start from **BEHIND** the defensive linemen's heel line, this is the only blitz modification but is enforced vigorously.
- Patch players (they **must have a sticker** on the back of their helmet), **over** 120 pounds for Midgets, **over** 100 pounds for Peeweess
- Patch players may **NOT** advance the ball and **MUST** line up in the box from tackle to tackle.
- Patch players **may not play in the offensive or defensive backfield or in a receiver position** because they may **NOT** advance the ball. They may intercept or recover a loose ball but the play will be whistled dead at the point of the turnover.
- There be no more than 4 (four) registered helpers (3 Coaches, 1 Other [Photographer, Trainer, etc.]) in the teams' sideline box during games. Parents/Fans **MUST** be **Behind the Spectator line** on the sidelines. No families/fans in the sideline Team box at **ANY** time please. Coaches are responsible for enforcement of this safety rule.
- Each team **must CLEARLY** delineate their sideline “Team Box” for each game and ensure unauthorized people are not inside it.
- Head Coaches are responsible for clean up their sideline after **EACH GAME**
- Designated Home teams **MUST** provide 3 persons to operate the sideline markers.
- Game uniforms consist of pads, inspected by team coaches, NOCSAE approved helmets, black football pants and game jerseys purchased from FYFC for your assigned team. Uniform **Jerseys may not be altered, personalized or otherwise modified** and still be approved for game wear



Falcon Youth Football Club Participation Guide

- **Players who are not registered with Falcon Youth Football Club are **ineligible** to participate in any FYFC activities.**
- **ONLY** players who *physically reside* in the Falcon School District (D49) or attend a *D49 school* are eligible to participate in Falcon Youth Football with no exceptions. **Proof of residence or school attendance** is required in order to register.
- Adult volunteers who are not registered with FYFC may not act in capacities or roles with FYFC teams.
- Coaches, Assistant Coaches, Volunteers who are not registered with FYFC **may NOT** be in the team box on the sideline during FYFC games.
- Teams that have not provided **at least ONE registered staff volunteer with Heads Up certification** will not be able to play games until they have done so. A copy of the certification **MUST** be provided to FYFC (send to fyfc@falconyouthfootball.org)
- These participation requirements **are not optional** and must be adhered to. This is necessary to meet the requirements of FYFC Insurance liability and there are no exceptions.